

ROBY PARK PRIMARY SCHOOL

WEEKLY NEWSLETTER

HEALTHY SCHOOL AWARD UPDATE

Roby Park is currently working towards our Bronze Healthy School Status and we're excited to share the positive changes already happening across school.

Healthy School Support

Please take a look at our Healthy School page on the school website. It includes:

- Lunchbox guidance
- Recipe ideas for quick, healthy family meals
- Support and advice for wider health and wellbeing

Menu Changes – More Nutritious Choices

Our school menus have recently been updated to offer children:

- More nutritious main meals
- Healthier dessert options (including alternatives to sugary desserts)

NEW: Swap Station (Launched This Week!)

This week we introduced a Swap Station, which is already in place in many schools across the borough and has been received very positively.

How it works (child-led and optional):

- Children may choose (of their own accord) to swap an item from their packed lunch (e.g., crisps or chocolate) for a healthier alternative. They take their item home with them at the end of the day.
- Children can also use it to try a new healthy snack they haven't had before.
- The Swap Station runs during lunchtime.
- Any swapped items are sent home at the end of the day.

The aim, as shared in our letter, is to encourage and educate pupils about eating well and to help them feel confident trying new foods.



Drinks Policy: Water and Milk

In line with official school food guidance, we are now asking that children bring water or milk only for the school day. Government guidance states that free, fresh drinking water must be available, and the permitted drinks in schools include plain water and lower-fat milk.

Why water?

- Water hydrates well without adding sugar or calories, supporting concentration and energy levels across the day.
- Water is also a tooth-friendly option.

Why milk?

- Milk provides key nutrients that support growing children, including calcium and other important vitamins/minerals.
- Like water, plain milk is considered a tooth-friendly drink between meals.

Why not juice?

Even “no added sugar” fruit juice can still be high in free sugars (the type we’re advised to cut down) because sugars in unsweetened fruit juice count as free sugars.

- Too much sugar can contribute to weight gain and tooth decay.
- Dental guidance also advises that only water or plain milk should be drunk between meals to help protect teeth.

What we need from home:

Please ensure children have water or milk in their bottles each day so they can stay hydrated throughout the school day.

Fruit Trolley at Breaktime

Our fruit trolley at break times is full to the brim with at least 10 different varieties for children to enjoy—helping to build healthy habits and encourage children to try something new.

ACTIVE UNIFORM SEPTEMBER 2026

We’re pleased to share that our new Active Uniform approach for September has been approved by Governors. Following positive feedback from families and staff, we’re excited to take this next step in supporting children’s health, wellbeing and learning.

Please see the letter sent to you via Arbor, which outlines the implementation plan across the Summer term and provides full details of the new uniform items that will be permitted from September onwards.

BONUS BALL UPDATE - THANK YOU FOR YOUR SUPPORT

Thank you to everyone who takes part in our weekly Bonus Ball competition. Your support is greatly appreciated! Mrs Lyon is on the playground every Friday before and after school, selling numbers at £2 each.

All profits go directly towards helping us resource and sustain our OPAL play provision, ensuring our children continue to enjoy high-quality play experiences.

Thank you to everyone who supports us each week!

END OF TERM TRIPS

We're pleased to confirm that our end of year trips have now been booked and secured.

Payment plans are now available on Arbor, giving parents/carers the choice to pay in instalments or in full – whatever best suits your circumstances.

Trips by year group:

- Nursery – Farmer Ted's
- Reception – Imagine That!
- Y1 – Smithills Farm
- Y2 – Bubble Playcentre & New Brighton Beach
- Y3 – The Crocky Trail
- Y4 – Gulliver's World
- Y5 – BeWILDerwood
- Y6 – Manley Mere



We will contact families nearer the time regarding parent helpers.

SAVE THE DATE FOR OUR ANNUAL FAMILY COLOUR RUN

Letters and sponsor forms will be sent home today. This year, we will be collecting sponsors for three incredible charities. We are proud to be supporting three exceptional organisations, each founded in honour of very special children: Elsie Dot Stancombe, Bebe King and Alice de Silva Aguiar.

These charities – Elsie's Story, Bebe's Hive CIC and Alice's WonderDance Foundation – work tirelessly to support children and families, making a real and meaningful difference in their communities. We are honoured to raise awareness and support their work through this year's Colour Run.

To find out more about each charity, please click on the images.

Please also ensure you read the letter sent home for all key details.



FACE SESSIONS FOR PARENTS

Please check your emails for information about our upcoming parent sessions, which all families can access free of charge.

Timetables for the remainder of April have been shared, along with full details on how to book your place.

We look forward to seeing many of you take advantage of these valuable opportunities to support learning and wellbeing at home and school.

FACE April 2026 Timetable	
All regular sessions delivered live online via zoom. 90 minutes long	
£24 each or FREE with School Membership	
Book online at facefamilyadvice.co.uk	
Recordings available for 48 hours	
Understanding Anger	6 April 10am
School Anxiety	6 April 7pm
Facing Defiance	7 April 10am
Supporting Healthy Screen Use	7 April 7pm
Anxiety Explained	13 April 10am
Cannabis and Ketamine Awareness	13 April 7pm
Introduction to OCD	14 April 10am
What is ACT?	14 April 7pm
Decreasing Depression	20 April 10am
Raising Self-Esteem	20 April 7pm
Understanding the Teenage Brain	21 April 10am
Supporting Healthy Sleep	21 April 7pm
FREE Decreasing Depression	23 April 7-8pm
Improving Family Communication	27 April 10am
Autism: Improving Communication	27 April 7pm
Supporting a Child with ADHD	28 April 10am
Understanding Addictive Behaviour	28 April 7pm



ATTENDANCE NEWSLETTERS

Spring Term 2 attendance reports were emailed to families last week. Mrs Lyon has also shared her latest attendance newsletter, which includes important updates on attendance, health and wellbeing. Please take a moment to check it—it contains helpful information for supporting your child.

SEND COFFEE MORNING - THIS THURSDAY @ 9AM

Don't forget to check your Arbor inbox later today for a message from Mrs Lyon about this week's SEND coffee morning on Thursday at 9am.

We would love to see you there.



WE'RE BACK IN TESCO FOR BLUE TOKEN VOTING

We are delighted to share some exciting news with our Roby Park community! Our application to the Tesco Grants Programme has been successful and our project has been selected to go forward to a customer vote in local Tesco stores.

From Tuesday 28th April 2026 until the end of July 2026, customers will be able to support our school by placing their blue tokens in our voting box.

Our Project: Learn to Ride

We are committed to empowering children with confidence, independence and lifelong skills through access to bikes and safe cycling experiences. This funding will support our mission to ensure every child has the chance to learn to ride in a safe and supportive environment.

How You Can Help

Whenever you shop at one of the participating Tesco stores, please collect your blue token and pop it into the Roby Park Primary School – Learn to Ride voting box.

The project with the most votes in our region will receive £1,500, second place £1,000, and third place £500. Every token truly counts!

Participating Stores

You can cast your blue tokens for Roby Park at the following Tesco stores:

- Huyton Hillside Express – L36 8BJ
- Prescot Extra – L34 5NQ
- Tarbock Woodlands Express – L35 1QY
- Whiston Windy Arbour Express – L35 3PA

Please feel free to share this list with family, friends, and the wider community. The more people who know, the more support our children can receive!

Thank You for Your Support! Your participation helps us give our children valuable opportunities and experiences. Let's work together to bring this fantastic project to life. Every token helps us pedal closer to our goal!

#MISSSCHOOL #MISSOUT

Louie YR has really enjoyed helping his friends this week, Lily M Y5 loved taking part in Science experiments, and Ivy Y3 would have been disappointed to miss her English lessons as the class has started an exciting new book.

Attending school every day means children don't miss out on these valuable learning experiences.

STARS OF THE WEEK

Use your camera to scan the QR code to see who our wonderful stars of the week are. We are proud of our children demonstrating our values of: collaboration, creativity, resilience, reflectiveness, being inquisitive and motivated.



ATTENDANCE RECOGNITION WINNERS



Our attendance recognition winners this week were Y3, Y5, Y6 and they were chosen by Zach Y1, Aubree Y3 & Matila Y5.

Mr Wright said, “Well done to the whole class for settling in so well after the long Easter break. You’ve come back focused, ready to learn, and showing great behaviour.”

Miss Sutton said, “Well done for returning this week to school with an amazingly positive attitude and pushing yourselves to do your best, keep it up!”

#MISSSCHOOL #MISSOUT

Miss Beggs said, “Well done to the whole class for your positive attitudes to learning since returning to school. you are showing maturity, independence and resilience with your work. Keep it up!”

Y3 won a prize of their choice off the board.

Who will win this week?

REMARKABLE READERS

Well done to our remarkable readers this week. Children get to bring the remarkable reader bag home with a book, hot chocolate, bookmark and pencil.

Children also get to choose a book from our book vending machine.

Children can be selected as our remarkable reader winner by eganging in reading at home and in school. Who will win next week?

