

## THE JUNIOR DUKE AWARD IS A SIMPLE, EFFECTIVE WAY TO DEVELOP OUR CHILDREN'S WELLBEING

A CHILD'S JOURNEY TO BECOMING INDEPENDENT, CONFIDENT AND RESILIENT IS SO IMPORTANT THAT SURELY THE AGE AT WHICH THEY START THAT JOURNEY CAN'T BEGIN TOO EARLY!

THERE IS A DIFFERENT LEVEL OF THE JUNIOR DUKE AWARD FOR EACH SCHOOL YEAR AND EACH LEVEL BECOMES INCREASINGLY CHALLENGING.

ON COMPLETING A LEVEL, EACH CHILD RECEIVES THEIR WELL-EARNED CERTIFICATE AND BADGE AT ASSEMBLY.

THE CHALLENGES VARY FROM THE FIRST LEVEL, MICRO DUKE, TO THE FINAL PRIMARY SCHOOL LEVEL, PLATINUM JUNIOR DUKE, BUT ALL LEVELS GENTLY PUSH CHILDREN OUT OF THEIR COMFORT ZONES. STAFF WILL SEE EVIDENCE OF PUPILS: SETTING FIRES, MAKING CUPS OF TEA, WASHING THEIR SHEETS, COOKING DINNER FOR THE FAMILY, WALKING TO THE SHOP TO BUY THE ESSENTIALS, BUDGETING FOR THEIR WEEK'S PACKED LUNCHES, LEARNING FIRST AID, RISK ASSESSING ADVENTURE OUTINGS AND FIXING PUNCTURES. THERE ARE MANY CHALLENGES THROUGH THE BOOKLETS THAT ARE LINKED TO: FITNESS, LIFE SKILLS, FIRST AID, COOKERY, THE ENVIRONMENT AND THERE ARE A GOOD DEAL OF THEM THAT INVOLVE PUBLIC SPEAKING. TEACHERS FIND THAT, ALTHOUGH PUPILS HAVE A GENERAL FEAR OF PUBLIC SPEAKING, WHEN THEY ARE ASKED TO DO IT FOR A JUNIOR DUKE TASK, THEY DON'T SEEM TO CONSIDER IT AS DAUNTING SO THIS IS A GREAT WAY FOR PUPILS TO IMPROVE ON THIS SKILL!

